

ZONE PRESS

ENGLAND BASKETBALL'S ONLINE NEWSLETTER

NATIONAL CUP FINALS 2009

Issue 50, December 2008

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LILLESHELL 2008!

And Much More!

Merry Christmas





2009 SPORTSCOVER

NATIONAL CUP FINALS



English Institute of Sport-Sheffield, 18 January 2009

Men's National Cup Final 3.30pm

Manchester Magic v Reading Rockets

Also Featuring:

Under 18 Men's Sureshot Cup Quarter Finals

Manchester Magic v Stockport Falcons II

11.30am

Reading Rockets v Sixth Form College Solihull

1.30pm

For tickets & more information,
please visit

www.EnglandBasketball.co.uk

or call 0114 223 5686



Amaechi Hosts Training Session For Special Olympic Athletes

- Amaechi runs training session ahead of GB National Summer Games in Leicester -

Ex-NBA star John Amaechi recently hosted a basketball masterclass with local North West and East Midlands Special Olympics athletes at the Amaechi Basketball Centre in Manchester. This event is the first in a series of Special Olympics Leicester ambassador training sessions ahead of the GB National Summer Games, to be held in Leicester from July 25th-31st next year.

Amaechi, a Special Olympics GB ambassador and formerly of the Orlando Magic and Utah Jazz, put the athletes through a fast-paced training session, before stopping to sign autographs and answer questions about his role as a Special Olympics Great Britain ambassador.

"It is always a humbling experience to coach such enthusiastic people. I hope the Special Olympics athletes who attended the training session picked up a few tips from me and can put them into practice in next year's National Summer Games!

"I know the organisers of the Games want next year to be the best ever Special Olympics GB National Summer Games. The city of Leicester



has really embraced the Games and everything is in place to deliver a world-class event.

"Special Olympics athletes are individuals with intellectual disabilities who take part in sport to become physically fit, productive and respected members of society, and a key message being promoted is that opportunities in a sporting environment do exist for people with special needs," he said.

The event is part of ongoing promotion ahead of next year's National Summer Games in Leicester, which will see over 2,700 athletes compete in 21 sports, with the organisers aiming to reach their target of 1,500 volunteers to assist at the event. More information on volunteering can be found at www.sol2009.com.

Leicester is the only city to have hosted the Special Olympics GB National Summer Games twice, having staged the event in 1989. As a city that has recently completed a massive regeneration programme, Leicester is committed to ensuring that the Special Olympics National Summer Games is a lifechanging opportunity for all participants.



New Ball Hall Opens

New Ball Hall Opens in Derbyshire

St Thomas More School in Buxton is the latest Ball Hall to open in the country, with several more in the pipeline.

The recently opened Ball Hall is proving a huge success both in and out of school hours. Business Development Manager, Mervyn Apthorpe, reports that basketball accounts for HALF of the court time used at the school.

The height adjustable backboards have also proved very popular enabling the school to deliver basketball to their visiting junior schools.

Out of school hours are currently being allocated and basketball promises to feature prominently in the new bookings!

Other Ball Halls currently under construction or in planning are:

St John Beaumont School, Old Windsor.
Reigate Sixth Form College
Wallington Grammar School, Surrey
Parkstone Grammar School, Poole.
St John Payne School, Chelmsford.
Rookwood School, Andover.

For more information, please visit the official Ball Hall website - <http://www.ballhall.co.uk>.

Win £500 Worth of Kit!

Win £500 worth of Gameface kit for your club or team thanks to Sportsister.com.

Sportsister.com, the leading UK focused women's sports magazine, and Gameface, top team sports kit manufacturer, have joined forces to give you the chance to win £500 worth of kit for your team.

Sportsister.com is dedicated to women's sport and we want to hear about your initiatives to encourage and support women and girls in sport. Maybe you have a great golden oldies team or a fantastic junior story; perhaps you run women's try-out sessions or are a group raising money for charity. Perhaps your team is fast improving and climbing up the league or maybe it's just been set up and you need some help to get it off the ground.

Whatever your story is, we want to hear about it and will reward one of you with £500 worth of Game Face kit for your team or club.

It's easy to enter – just go to Sportsister.com and sign up to become a member. This is free, quick and easy. Then email us at gameface@sportsister.com with your Sportsister member name and tell us why you should be the winner. All entries must be received by Monday February 16th, 2009 and the judges' decision is final.

sportsister.com



Log onto Sportsister.com for your chance to a kit!

Competition is open to anyone!



Dates & Venues

Wed 07 Jan	GB v Bosnia	English Institute of Sport, Sheffield	19h30
Sat 10 Jan	GB v Romania	Nottingham Wildcats Arena	19h00
Tue 13 Jan	GB v Finland	University of Worcester	19h30

Tickets

Sheffield 0114 2235693 Nottingham 0115 9150108 Worcester 01905 542251

For more information visit www.basketballgb.com

Great Britain Women v Bosnia-Herzegovina

Tickets are now available for Great Britain's senior women v Bosnia-Herzegovina at the English Institute of Sport-Sheffield on 7 January 2008 at a cost of £5.00.

The senior women begin the fight to keep their Division A status in January when they play six relegation games in 15 days, including the home opener against Bosnia-Herzegovina in Sheffield.

Their gruelling January schedule includes further home games at Nottingham's Wildcats Arena (10 January v Romania) and at the University of Worcester (13 January v Finland) as well as three away matches.

Great Britain Senior Women - Roster For 2009 January Relegation Games

- Kimberley Butler
- Kate Butters
- Stefanie Collins
- Leah Dehaan
- Meagan Hoffman
- Lisa Hutchinson
- Sally Kaznica
- Kristy Lavin
- Rosalee Mason
- Sarah McKay
- Helen Naylor
- Sarah Naylor
- Charlotte Stoddart
- Harriett Yea

To get your tickets for the game in Sheffield only, please call Graham Blankley on 0114 223 5686 or email graham.blankley@englandbasketball.co.uk

Vote Luol As Europe's Best!

For the second consecutive year, Luol Deng has been named amongst the finalists for the FIBA Europe Player of the Year Award.

Deng will be hoping to top last year's 10th placed finish when the public and media votes are combined.

Deng was the clear leader for a Great Britain squad which finished 4-2 and at the top of Group D in qualifying for EuroBasket 2009 in Poland. Deng averaged 24.2 points and 5.8 rebounds per contest for Great Britain who find themselves in the final round of EuroBasket for the first time since 1981.

On the domestic side Deng is the captain of the Chicago Bulls of the NBA for whom he averaged 17.0 points and 6.3 rebounds per game in 2007-2008.

For a full list of finalists and a chance to vote, please visit FIBA Europe's website by clicking here.



Photo Courtesy NBA Images

Go Polish in September!

Fancy watching history in the making while munching on some kolduny? Can't decide where to go on vacation in 2009? Want to follow GB on their path to 2012? If you've answered yes to any of these questions then keep reading...

With flights to Warsaw going for as little as £133 return you can be courtside as GB's men take on Spain, Slovenia and Serbia at EuroBasket 2009 next September.

If you're thinking of going but aren't sure how to get tickets, or want to ensure that you're sitting with the GB basketball army, then email office@basketballgb.com to express your interest.

For more information on the Great Britain programme, please visit www.basketballgb.com and to view full details on Eurobasket 2009, check out www.fibaeurope.com.

News From The North East

The North East Sports Academy (NESA) at Tyne Metropolitan College have become the 10th England Basketball Accredited Academy.

"This is a massive boost for NESA to be supported by England Basketball," said Tyne Metropolitan Basketball Head Coach Marc Steutel.

"England Basketball actually recognises us because we have such strong links with a five-star accredited club in Newcastle Eagles, that we provide top quality coaching, and have strong educational programmes for aspiring basketball players," he continued.

The academy initially launched this September with an intake of 35 basketball players. Students can study a wide range of courses, including A Levels or a Vocational course.

"It is great that this opportunity is open to students on all academic courses. Normally a



North East Sports Academy Students With Fab Flournoy and Marc Steutel

course like this would only be open to students who study sport," said Steutel.

"However, we feel that students should be able to access top quality athlete support whilst still being able to study in their chosen field. This year we have students studying a massive range of courses, they range from engineering to graphic design."

Basketball students receive first class athlete support in all aspects of their training. They receive two hours of specialist coaching per day, access to strength and conditioning programmes, diet and nutritional advice, physiotherapy, Tyne Metropolitan College sports kit and a free gym membership.

In addition, students receive expert tutelage from Newcastle Eagles Head Coach Fab Flournoy who heads up the programme alongside Steutel.

"Having someone of Fab's stature in the game coming in to work with the players on a day to day

basis shows the standard of the programme we are offering," said Steutel.

"Fab's ability to develop basketball players is second to none and his record shows that. The Newcastle Eagles are the current BBL champions and have won every domestic trophy in the game over the past few seasons, and Fab has to take a lot of credit for that.

"The students we have who benefit from Fab's coaching are constantly buzzing and we have seen a massive improvement across the board since September," commented Steutel.

Steutel concluded, "Everything is in place here to help basketball players succeed both on and off the court."

For further information on the North East Sports Academy at Tyne Metropolitan College email marc.steutel@tynemet.ac.uk or visit the website www.northeastsportsacademy.co.uk.

Tyne Met Go Pink

Tyne Met Trojans Basketball Club have decided to play all their games in a pink strip this season to show support for the college's nominated charity - Coping with Cancer North East.

Paul Graham commented, "I ran the Great North Run on behalf of the charity and I mentioned that we could show further support with the basketball team which they agreed was a great idea. I spoke with the team and they were happy to play in pink, which also means we never have to change with a colour clash."

Paul Graham continued, "The Trojans only started a few years ago and in that time we have laid the solid foundations to take Basketball forward in area. We are based at the college and have recruited well and have a mix of old and young players. We have Adam Barnes who played for Newcastle Eagles coaching the team and we have players from the North East Sports Academy, based at Tyne Metropolitan College, playing for us."



2008/09 EBL Events

Sunday 18 January 2009 - National Cup Finals

English Institute of Sport - Sheffield

Senior Men

Sunday 8 February 2009 - Women's Day of Basketball

Wildcats Arena, Nottingham

Sureshot National Cup Finals (U18 & U16 Women)

Women's National Trophy Final (Division Two)

Women's All Star Game (Division One)

Sunday 15 February 2009 - Men's Finals

Amaechi Basketball Centre, Manchester

Sureshot National Cup Finals (U18 & U16 Men)

Men's Shield Final (Division Three & Four Men)

Sunday 1 March 2009 - Men's Finals

Amaechi Basketball Centre, Manchester

Men's National Trophy Final (Division One)

Patrons Cup Final (Men's D2)

Saturday & Sunday 28/29 March 2009 - RAF Final Fours

RAF Cranwell, Lincolnshire

Playoff Semi Finals (U13 & U15 Boys)

Playoff Finals (U13 & U15 Boys)

Saturday 4 April 2009 - Playoff Finals

Moorways Centre, Derby

Playoff Finals (Division Two Women, Division Three Men, Division Four Men)

National Founders Cup Final (Local League)

Saturday & Sunday 18/19 April 2009 - Playoff Weekend

Amaechi Basketball Centre, Manchester

Playoff Semi Finals (Division One Men & Women)

Playoff Finals (Division One Men & Women, Division Two Men)

Saturday & Sunday 2/3 May 2009 - RAF Final Fours

RAF DCAE Cosford, Shropshire

Playoff Semi Finals (U14, U16, U18 Men & Women)

Playoff Finals (U14, U16, U18 Men & Women)



Doping Update

Changes to the Therapeutic Use Exemption process from 1st January 2009.

100%ME

Players suffering from asthma and/or its clinical variants will now need to complete a new form and attach a medical file to confirm the diagnosis of asthma and/or its clinical variants. This file should include:

1. **A detailed medical history and clinical review**
2. **Bronchodilator or Bronchoprovocation test results**

These forms should be used for TUE applications submitted to UK Sport from 1st January 2009. It is important to note that UK Sport will not accept any TUE applications for beta-2 agonists if they are not made on the beta-2 form. The form has been created specifically to prevent asthma applications from being declined or delayed due to the submission of insufficient medical evidence.

For all other prohibited medications players will need to use UK Sport's new TUE form. Guidance notes explaining the new TUE requirements have been made available by UK Sport and can be found at www.100percentme.co.uk or www.englandbasketball.co.uk.

Please also be aware that these forms and guidance documents are only for Athletes applying to **UK Sport for Therapeutic Use Exemption**. International Federation's (FIBA) have slightly different requirements in the way they manage and review TUEs. Therefore, International-level athletes (IF registered testing pool athletes and athletes competing in IF competitions) will need to be aware of their relevant IF's expectations before applying for a TUE.

Any player wishing to apply for a TUE should contact Brian Aldred on 0114 223 5690 in the first instance or email brian.aldred@englandbasketball.co.uk.

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UKCC and Coach Education Update

England Basketball is in the midst of transitioning our Coach Education courses at Level 1, 2 and 3 to the UK Coaching Certificate (UKCC).

Level 1 has been on the UKCC system for some time now, and several course organisers have benefited from the £500 incentive for running a UKCC Level 1 course. A limited number of the previous EB Level 1 courses will show up on the radar as organisers deplete their stocks of the old resource.

Thumbs up for the UKCC Level 2 was received recently with several courses planned for early 2009. A generous £150 incentive is available to coaches from *Clubmark* Clubs who complete a UKCC Level 2 while Level 3 will move over towards the middle of next year. In the meantime, we are still offering the EB Level 3 – any coach wishing to do this course should contact Ben Rush at England Basketball on 0114 223 5652. More than twenty (20) 1st4sport Recognised

Centres across the country have been approved to offer basketball qualifications.

England Basketball hopes to continue growing this number, and have identified the North East, North West, South West, East and London as areas in which we are keen to increase Recognised Centres with basketball approval. If your club or organisation is in one of these areas, or any other part of the country, and you would like to know more about offering UKCC qualifications, please contact Ben Rush on 0114 223 5652.

As well as England Basketball's two UKCC incentives, there are a number of coaching bursaries available across the country. For the ones we are aware of, visit the EB website or click here.



EXCELLENCE IN SPORTS COACHING



Tees Valley Mohawks Head Coach, Paul Douglas

Simon Fisher Receives 2008 Coaching Award

England Under 16 Men's Coach, Simon Fisher, is the recipient of the **Dave Fisher Coach Award 2008** as presented by the English Schools Basketball Association (ESBBA).



Simon Fisher and the 2008 England U16 Men

The Award is made by the English Schools Basketball Association in memory of David Fisher, a highly respected member of its National Executive Committee, its Treasurer between 1984 and 1993, and a Director of England Basketball.

Dave Fisher was a very successful coach, producing competitive sides from Broadway School in Birmingham, in club basketball with Birmingham Bullets, and he was a highly respected national teams' coach.

The award is made to reflect these same qualities - excellence in coaching at many levels. The criteria are listed below:

- * **The enthusiastic introduction of the game to beginners.**
- * **The preparation of good fundamentals in young players as a platform for their future success.**
- * **Coaching successful school teams in local or national competitions.**

* **Co-ordinating coaching programmes within a region or area.**

* **Success in coaching the national teams.**

Many of the previous winners, like Simon, have contributed to the development of the game from grassroots through the full spectrum to coaching a national team. Many of these, like Simon, continue to do so.

Rick Wooldridge	1995-6
Helen Barnett	1996-7
Paul Christensen	2001-2
Chris Morgan	2003-4
Humph Long	2006-7

The ESBBA are delighted to recognise the outstanding contribution that Simon has made to English Basketball and of course the award has added poignancy in being made in memory of his late father.

The award was made at this time to acknowledge the fact that Simon had been appointed as head coach of the Under 16 Men's National Team, following in his father's footsteps. This appointment crowns many years of working as a club and regional team coach and working with the national teams as a team manager and assistant coach.

Simon fulfils all the criteria the Award exists to recognise – few can match the enthusiasm he has for the game and few have worked so hard to achieve the distinction of coaching at the highest level.

Photo Courtesy - womensbasketballinfrance.com

Sheffield Arrows Link With Local School

Top of the Class as Arrows linked with quality of Education



Arrows Players Tyler Ousley, Carl Pearson and James Kelly with Birkdale School Pupils

The Sheffield Arrows are pleased to announce that they have been chosen to carry the flag for the Birkdale School in Sheffield, the region's only school specialising in quality education and care for boys.

This is an exciting partnership for the Arrows following closely upon their link to Sheffield Hallam University in the summer. As part of this partnership with the Birkdale School the Arrows will carry the School's website www.birkdaleschool.org.uk on their clothing.

For a few years, the Arrows have been a home to boys from the Birkdale School; senior school pupil Matthew Oakley is in the North of England Development Squad at the Under 15 level and is a bright prospect for the future.

Pupils in the Prep School also benefit from coaching provided by the Arrows American stars during games lessons.



London U14 Girls - 2008 Inter Regional Champions



North East Take On South West in 9th/10th Playoff



East U14 Girls - 2008 Inter-Regional Runners-Up



South Battles London For a Rebound

Lilleshall - 2008

London Wins Back-To-Back Titles

London's Girls ensured both the male and female titles stayed in the nation's capital for the second straight year as they literally cruised through the Under 14 Inter-regional tournament in Lilleshall on 22 and 23 November.

A 51-24 win in the playoff final versus the East region saw them finish the weekend with a perfect 5-0 record as they held their opponents to an average of just under 16 points per game.

The performance gives London's boys and girls back to back titles at the national event held each year in Lilleshall.

The tournament, organised by the English Schools Basketball Association (ESBBA), forms part of the England Basketball player pathway and is the first step towards selecting a squad to compete in the 2011 Under 16 European Championships.

Below is a brief report from Mr Norman Waldron, National Secretary of the ESBBA.

The standard of play in the Girls' Tournament has improved out of all recognition compared with that we saw when the 10 team regional format was first adopted six years ago. Skill levels have improved and the players are demonstrating that they understand the game and what is expected of them.

London emulated the performance of their boys' team by successful defending the title they won last year and proving very worthy champions. The East ran them close in the first half of the final during the all-must-play regulations, but succumbed to the superior height and athleticism of the London team during the second half.

There weren't as many close games as in previous years to keep the crowd on their toes, but what was never in doubt was the commitment, enthusiasm and positive attitude of all teams regardless of their eventual position.

Final Placings Playoff Results

(Last year's placing in brackets)

Champions	London (1st)	
Runners-up	East (7th)	
3rd	North West (8th)	
4th	South (6th)	
5th	East Midlands (4th)	
6th	South East (3rd)	
7th	Yorkshire (5th)	
8th	West Midlands (2nd)	
9th	North East (10th)	
10th	South West (9th)	
1st / 2nd	London 51	East 24
3rd / 4th	South 27	North West 48
5th / 6th	South East 28	East Midlands 47
7th / 8th	West Midlands 13	Yorkshire 49
9th / 10th	South West 34	North East 42

At the end of the tournament Karen Burton commended the following players for their performance and invited them to train with the Development Group. Those in bold type will be promoted to train with England's U16 Women.

Yorkshire	Isabel Hannity
East Midlands	Georgia Elliott-King, Lois Bain, Janna Dendie
East	Beth Robson, Amy Rodgers, Sophie Hankin, Ellie Warden
South East	Cheredine Greene
South	Hatty Stiles
South West	Elouise Sneddon
North West	Sidnee Reddy, Ashley Tensel, Leah McDerment
London	Osaro Otobo, Jay Ann Harriet, Shequila Joseph , Janice Monakana, Rochelle Milton

Moulton College and the *England Basketball Accredited Academy*

Over the past six years there has been a massive increase in the number of non-accredited Basketball Academies around the country.

At present there is no specific template for such institutions, consequently each Academy in England is unique and offers a different product for players usually of post 16 or 18 years of age and some as young as 14.

Each Academy offers basketball in their own way, some before or after school or when college finishes whereas others have practices scheduled into the school / college day. The further advanced Academies offer an academic programme of A/ S levels while others offer vocational courses such as Sports Studies and links with clubs, level of competition offered, and further opportunities available.

Having run the Moulton College Basketball Academy, which is accredited by England Basketball, John Collins has listed below what he thinks a bona fide Basketball Academy should aspire to:

- **A high quality programme of coaching some of which should be within the school / college / university day. This programme should be delivered by a suitably qualified and experienced coach or coaches.**
- **A quality controlled academic programme leading to a nationally recognised qualification. The student's programme should be carefully monitored by a Personal Tutor or Course Manager.**
- **The Academy should compete in a well structured inter school or inter college programme of competition.**
- **There should be a link with a National League club or clubs in order to provide weekend competition.**
- **The institution should have a high quality practice facility.**
- **Guidance for students moving on from the Academy. This may involve British or overseas universities, scholarships, plus English National League clubs and overseas clubs and academies.**

There is no doubt that the basketball experience in an Academy can be wonderful, BUT how many of the young men and women currently in academies will earn a living playing basketball? Surely, the answer must be, very few.

John therefore suggests that the academic side of any Basketball Academy must be of paramount importance:

"At Moulton College we are very proud of our academic record. Over the past eight years of our existence as an Academy, 97% of our students have achieved a National Diploma in Sport & Exercise Science which is valued as three 'A' Levels.

"In addition almost 60% of all our past students have been awarded either a Merit or Distinction for that award and over 70% of our students have gone on to higher education.

"Things haven't gone too badly on the basketball court either. Over the eight years of our existence our male and female teams have won regional and national competitions. In fact, in November 2008, the men's team retained their East Midlands title and in October 2008 came runners-up in the Northamptonshire Sport, 'Team of the Year' competition.

"The Academy also has close links with the Northants Basketball Club with the opportunity to play National League basketball every weekend."

Moulton College are currently accepting applications for the Basketball Academy for two years commencing in September 2009.

If coaches, players or their parents would like more information they should contact John Collins on 07801 533 151.

For further information on Accredited Academies please visit the Academies Section of England Basketball's website.

FIBA LiveStats

Webcast Your Game Live!



FIBA have recently released a free-to-download basketball statistics package called 'FIBA LiveStats'. The software is a comprehensive game statistics tool and also offers the opportunity to 'webcast' games live on the internet.

To download the FIBA LiveStats software visit, www.fibaorganizer.com. The user manual for the software is available as a separate download from the same site.

If you are interested in webcasting your games live, via the England Basketball website, please contact Craig Costello on craig.costello@englandbasketball.co.uk or 0114 2235687.

Please see the full release below on **FIBA LiveStats**, courtesy of fiba.com:

FIBA would like to announce the launch of FIBA LiveStats, a new free-to-download software that enables every basketball association, club or fan the possibility to publish online live results and game statistics on any website in the world.

FIBA Secretary General and IOC member Patrick Baumann stated: "It is my pleasure to announce the release of FIBA LiveStats. This exciting new basketball software will enable anyone to capture game data and statistics in a professional way and provide printouts to teams, media representatives and organisers. The webcast functionality will allow fans the opportunity to follow basketball games online through their favourite club's or organisation's websites."

SportingPulse CEO Nick Maywald said: "FIBA and SportingPulse are committed to bringing professional sports coverage to grassroots sports and improving the online experience for basketball players and supporters. FIBA LiveStats has already been a big hit with basketball fans. The technology allows coverage of games on all levels - from junior games to elite championships."

FIBA LiveStats is just one of a range of integrated sports software products available free of charge to all FIBA-affiliated organisations. The sports management software FIBA Organizer was launched in November 2006 to provide SportingPulse's award-winning software, free of charge, to every organisation within FIBA's 213 member national federations.

FIBA Organizer is capable of connecting every basketball player in the world and the launch of the French and Spanish versions has massively increased its global reach.



RAF JUNIOR OFFICIATING PROGRAMME

RAF Support Level 1 Refereeing and Level 2 Table Officiating Awards!

RAF Careers and England Basketball are again offering people under the age of 18 the chance to gain a Level 1 Refereeing Award or Level 2 Table Officiating Award during the 2008-2009 season. The RAF Junior Officiating Award Scheme has been set up to encourage young basketball players and enthusiasts to get involved in other areas of the sport.

England Basketball is currently in the process of helping clubs to organise courses across England in order to enable their members under the age of 18 to gain their Level 1 Refereeing Award or Level 2 Table Officiating Award free of charge. At the end of the season 20 of the attendees from the refereeing courses will be selected to take their Level 2 Award and all participants will be encouraged to become further involved in officiating in their local areas. Mentors will also be available throughout the season to advise and encourage all referees. The programme will culminate with some of the qualified officials being given the chance to referee at the U13/U15 RAF Final Fours at Cranwell in March.

**ROYAL
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Minimum Requirements

Referee Level 1 Course

- * 12 (min) – 20 (max) candidates on any one course.
- * Participants need to be 18 years and under.
- * Must be members of England Basketball.
- * The course is 4 hours in duration (2 hours in a classroom, 2 hours in a basketball gym) and will need to be booked.

Table Official Level 2 Course

- * 8 (min)–12 (max) candidates on any one course.
- * Participants need to be 18 years and under.
- * Must be members of England Basketball.
- * The course is 2 classroom hours in duration and will need to be booked.

What you need to do

Please contact Simon Unsworth simon.unsworth@englandbasketball.co.uk or phone 0114 223 5696 for an application pack so you can book your course today!

For more information on the RAF log on to www.rafcareers.com

THE BBL CUP FINAL

Sunday 18th January, 2009 N.I.A. Birmingham



Also Featuring:

The 2009 BBL Dunk Contest

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